

= SOUP = スープ =	\$
MISO SOUP 味噌汁	2
CHICKEN MEATBALL SOUP ツクネ鶏スープ	4
= SALADS = サラダ =	\$
ORGANIC GREEN SALAD - w/ ginger & carrot dressing	6
ガーデンサラダ	
TOFU SALAD - w/G&C dressing	6
豆腐サラダ	
SHIITAKE SALAD - w/G&C dressing	6
椎茸サラダ	
SEAWEED SALAD - w/ponzu dressing	6
海藻サラダ	
TOFU SEAWEED SALAD - w/ponzu dressing	6
豆腐と海藻のサラダ	
SMOKED DUCK & AVOCADO SALAD - w/G&C dressing	8
鴨の燻製とアボガドのサラダ	
TEMPURA SOFT SHELL CRAB SALAD	9
ソフトシェルクラブサラダ	
= APPETIZER = 前菜 =	\$
EDAMAME 枝豆	3
SHIRASU OROSHI シラスおろし	3
POTATO SALAD ポテトサラダ	3
NI-TAMAGO - seasoned boiled egg 煮たまご	3.5
PORK CHA-SHUU - stewed pork ねぎチャーシュー	4
FRENCH FRIES フレンチフライ	4
ASSORTED PICKLES おしんご盛り合わせ	4
SUNOMONO - daikon and carrot vinaigrette	4
大根と人参の酢の物	
COLD TOFU 冷やっこ	4
KIMCHI TOFU キムチ冷やっこ	5
STEAMED SHRIMP SHUMAI 海老シューマイ	5
SALT & PEPPER CHICKEN WINGS	5.5
手羽先から揚げ	
HOMEMADE COUNTRY PATE	6
フランスの田舎風自家製パテ	
NAGOYA CHICKEN WINGS 名古屋風手羽先	6
SALT & PEPPER CALAMARI イカのカラマリ	7
TEMPURA STYLE SHRIMP W/MISO MAYONNAISE	
5pc OR 10pc 海老のテンプura 味噌マヨネーズ	7/13
FRIED OYSTER FROM HIROSHIMA 牡蠣フライ	8
GRILLED SPECIAL MACKEREL トロホッケ	8.5
= RICE DISHES = ご飯物 =	\$
WHITE RICE 白いご飯	2
ONIGIRI RICE BALL	3
bonito flake,salmon,plum or Takana	
おにぎり(おかか、鮭、梅、高菜)	
CHICKEN & RICE PORRIDGE 鶏ぞうすい	8
CHICKEN SOBORO - chicken & egg over rice	9
鶏とほろ丼	

= YAKITORI = 備長炭使用 =

WE USE LOCAL FREE RANGE NATURAL CHICKEN
JAPANESE SKEWED GRILLED CHIKEN.
CHOICE OF SAUCE FIAVOR OR SEA-SALT FLAVOR

= CHICKEN = 地鶏 =

THIGH: MOMO もも	2
THIGH & SCALLION: NEGIMA おぎ間	2.5
BREAST w/wasabi: MUNE-WASA ムネわさ	2
BREAST & SCALLION: NEGI-MUNE おぎムネ	2.5
WINGS : TEBA 手羽	2.5
MEATBALL: TSUKUNE つくね	3.5
SKIN: KAWA かわ	2.5
LIVER: REBA レバー	2.5
HEART: HATSU ハツ	2.5
GIZZARD: SUNAGIMO 砂肝	2

= CHICKEN LIMITED SPECIALS = レアパーツ =

* limited orders per day *	\$
FILLE SASAMI ササミ	2.5
HIZA SOFT BONE: HIZA NANKOTSU ヒザ軟骨	2.5
NECK: SESERI せせい	2.5
RIB: WAKI ワキ	2.5
HIP: SORIRESU もものつけ根:ソリス	2.5
TAIL: BONCHIRI ボンチリ	2.5

= OTHER FRESH MEAT = その他 =

MAGRET GRILLED DUCK BREAST 鴨のムネ肉	4
PORK BELLY 豚バラ	3
LAMB CHOP ラムチョップ	4
ENOKI BACON - enoki mushroom wrapped w/ bacon	3
えのきベーコン	
ASPARAGUS BACON - asparagus wrapped w/ bacon	3
アスパラベーコン	

= VEGETABLES = 野菜 =

KING OYSTER MUSHROOM エリンギ	2
SHIITAKE MUSHROOM 椎茸	2
CHERRY TOMATO フチトマト	2
ASPARAGUS アスパラガス	2
GRILLED GARLIC ほくほくニンニク	2
SCALLION おぎ	2
SHI-SHI-TOU PEPPER ししとう	2

= SUSHI SASHIMI CLASIQUE (PIECES) =

TUNA	3.5	YELLOWTAIL	3.5
SALMON	2.75	SHRIMP	2.5
MACKEREL	2.75	EGG	1.5
EEL	3	UNI	M.P

= ZEN PLATES =

SASHIMI CLASSIQUE(SASHIMI 12PC) 17

SUSHI CLASSIQUE 17
(SUSHI 8PC & CALIFONIA ROLL)

SUSHI & SASHIMI 32
(SASHIMI 14PC, SUSHI10PC & CALIFONIA ROLL)
= ZEN ROLLS =

CUCUMBER ROLL	3.5
BOSTON ROLL	4.5
CALIFORNIA ROLL	4.5
SALMON AVOCADO ROLL	5
SPICY SALMON ROLL	5
BIG EYESPICY TUNA ROLL	5.5
YELLOWTAIL&SCALLION	6
CRUNCHY SHRIMP&AVOCADO ROLL	6
EEL&AVOCADO ROLL	6
DEEFPRIED SPICY TUNA	6.5
SHRIMP TEMPURA ROLL	6.5
(shrimptempura,cucumber,avocado,masago,mayo)	
SPT + (big eye spicy tuna,	6.5
tempura crunchies,avocado,cucumber)	
SPECIAL GRILLED SALMON ROLL	6.5
(grilled salmon,avocado,cucumber, mayo)	
SUN DRIED TOMATO ROLL	6.5
(sun dried tomato,avocado,shrimp,tempuracrunchies, mayo)	
SPICY SCALLOP ROLL	7.5
(grilled scallop,tempura crunchies,spicy sauce)	
WHITE ROLL (yellowtail,green onion,tempura crunchies	
spicy sauce,wrapped w/white soy sheet)	8.5
CRUNCHY TUNA ROLL (tempura crunchies,masago,	
mayo,wrapped w/tuna)	10
ZEN SPIDER ROLL (softshell crab,spring mix w/	
sesame dressing)	10
DRAGON ROLL (avocado,cucumber,masago,wrapped	
w/eel)	11
VELVET ROLL (chopped yellowtail, scallion,crunchy	
&spice sauce, wrapped w/tuna & tobiko on top	15